

# AUGUST & SEPTEMBER BISHOP CARROLL MENU

## Breakfast Menu

**Monday:** Egg, Ham and Cheese on English Muffin

**Tuesday:** Breakfast Pizza

**Wednesday:** Cinnamon Roll

**Thursday:** Breakfast Pizza

**Friday:** Donut Ring

### Daily Options Include:

Yogurt with Toast  
Cereal with Toast

## What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, & 1/2 Pint Milk

### Fruit Choices Include:

Apple, Banana, Orange

### Juice Choice includes:

Apple, Grape & Orange Juice

**MENUS SUBJECT TO CHANGE**

			8/23 Meatball Hoagie with Cheese Seasoned Green Beans Diced Pears	8/24 Chicken Rings Dinner Roll Steamed Carrots Mixed Fruit	Week 1 Breaded Chicken Salad
8/27 Pork Chopette Dinner Roll Mashed Potatoes w/ Gravy Mandarin Oranges	8/28 Ham & Cheese Panini Steamed Broccoli Applesauce	8/29 Chicken Nuggets Dinner Roll Tater Tots Sliced Peaches	8/30 Pulled Pork Sliders Baked Beans Cole Slaw Diced Pears	8/31 Pepperoni Pizza Steamed Green Beans Pineapple Tidbits	Week 2 Chef Salad with Roll
9/3 No School Labor Day	9/4 Popcorn Chicken Dinner Roll Mashed Potatoes Diced Pears	9/5 Nachos Grande Dinner Roll Steamed Corn Refried Beans Mixed Fruit	9/6 Corn Dog Nuggets Dinner Roll Oven Baked French Fries Pineapple Tidbits	9/7 Pasta with Meat Sauce Dinner Roll Garden Salad Sliced Peaches	Week 3 Turkey & Cheese Sandwich Chicken Salad with Roll
9/10 Cheese Steak Hoagie with Peppers & Onions Potato Wedges Applesauce	9/11 Chicken Tenders Dinner Roll Tater Tots Confetti Bean Salad Mixed Fruit	9/12 French Toast Sticks Sausage Breakfast Potatoes Mandarin Oranges	9/13 Hot Turkey Sandwich Mashed Potatoes w/ Gravy Applesauce	9/14 Italian Panini with Sauce Steamed Green Beans Diced Pears	Week 4 Ham & Cheese Sandwich Chicken Salad with Roll
9/17 Grilled Cheese Sandwich Tomato Soup Steamed Carrot Coins Sliced Peaches	9/18 Pizza Pasta Bake Dinner Roll Garden Salad Sliced Peaches	9/19 Hot Ham & Cheese on a Pretzel Bun Steamed Corn Baked Beans Applesauce	9/20 Chicken & Gravy over Biscuit Mashed Potatoes Pineapple Tidbits	9/21 No School In Service Day	Week 5 Chef Salad w/ Dinner Roll
9/24 Walking Taco Dinner Roll Steamed Corn Diced Pears	9/25 Chicken Sticks Macaroni & Cheese Garden Salad Mixed Fruit	9/26 Meatball Hoagie w/ Cheese Oven Baked Fries Mandarin Oranges	9/27 French Toast Sticks Sausage Breakfast Potatoes Applesauce	9/28 Cheeseburger on Bun Sweet Peas Baked Beans Sliced Peaches	Week 6 Turkey & Cheese Sandwich Chicken Salad with Roll

## What Makes a Lunch Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate  
Choice of Vegetable,  
Choice of Fruit  
Choice of Grain/Bread,  
Choice of Milk

**\*Must take at least one 1/2 cup of fruit or vegetable**

**Vegetable Bar Includes daily:**  
Broccoli Florets & Baby Carrots

**Fruits may include:**  
Sliced Peaches Mixed Fruit  
Pineapple Tidbits Diced Pears  
Apple Sauce &  
Mandarin Oranges

**Milk Choices Offered Daily**  
1% white, non-fat white, non fat flavored

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